

# How to Publish a Suggested Post for Your Parishes

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We often receive content from various third-party sources that we add to Catholic Social Media for you under the "Suggested Posts" tab.

To look at "Suggested Posts" and publish them to your parishes:

1. Login to Catholic Social Media
2. Go to the Planner
3. Click on the "Recently Distributed" dropdown
4. Click on "Suggested Posts"

From there, you can go through the suggested posts, click on one, click "edit," and proceed as you normally would while creating and publishing a post.

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